W YORK	
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Plaintiff,	07 Civ 3328 (CM)
	DECLARATION OF DR. STEPHEN WEINBERG
	DR. STEPHEN WEINDERG
Defendant,	
	W YORK  Plaintiff,  Defendant.

STEPHEN WEINBERG declares, under penalty of perjury, as follows:

- I am a Doctor of Chiropractic licensed to practice chiropractic in the State of New York. I have been a chiropractor since 1987.
- 2. I first came to treat Susan Pinsky in April 2004 because she was complaining about lower back pain on the right side. I diagnosed her problem as a lower back sprain/strain of the lombosacral spine. I did adjustments and adjunctive therapies over the course of four weeks and had her do therapeutic exercises, and she reported an alleviation of the pain.
- Ms. Pinsky returned in February 2005 and reported acute lower pack pain and spasms exacerbated by extended periods of sitting,
- 4. On February 23, 2005, I wrote a note to Ms. Pinsky's employer requesting that she be provided with a "standing desk" so that she could avoid having to sit while working for more than a short period of time. I advised her employer that if Ms. Pinsky did not refrain from sitting for more than 20 to 30 minutes, her symptoms would be exacerbated.
- 5. A standing desk allows a user to adjust its height so as to allow work while sitting or standing. The chair associated with such a desk must be ergonomically adjusted to alleviate

pressure on the affected area. Such a desk also provides foot support for the period when work is done in a sitting position; such support helps take pressure off the lower back.

- 6. On March 11, 2005, Miss Pinsky came to see me following a sudden onset of acute back pain due to poor seating.
- 7. On June 9, 2005, Ms. Pinsky appeared reporting excruciating pain. An MRI revealed degenerative change in the L5-S1 disk with a central disc protrusion. Clearly, her condition had degenerated. Ms. Pinsky advised me that she was not provided with a standing desk, but, rather, with a tall, unadjustable desk and a high stool which provided no foot support. In my professional opinion, sitting on a stool without foot support contributed to worsening of her condition.

Dated: New York, New York June 3, 2008

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Stephen